Institute of Psychology, University of Wroclaw, Courses 2020-2021 **European Cultures; ERASMUS+**

Teacher's name	Subject/Module title	Kind of classes	Number of hours	Course description	ECTS credits				
WINTER SEMESTER									
dr Jarosław Klebaniuk	Selected topics of social psychology	Lecture with workshop elements	30	The course covers a selection of issues including: 1. Social inequalities and social dominance. 2. Authoritarianism and its consequences. 3. System justification and system delegitimisation. 4. Intergroup emotions. 5. Justice sensitivity. 6. Willpower and its facets. Types of challenges. 7. Experimental research on willpower. 8. Lifestyle and habitual support of willpower. 9. Implementation intentions and mental contrasting. 10. Mindfulness based techniques – breathing. 11. Mindfulness based techniques – surfing the urge. 12. Planning and the reversed schedule. 13. Time perspective in achieving goals and fighting temptations. 14. Reacting to a failure. 15. Presenting the outcomes and getting feedback.	6				
dr Marcin Czub	Virtual Reality use in Psychology	Workshop	30	During the course students will be designing and conducting experimental studies related to Virtual Reality applications in psychology. They will acquire both theoretical and practical knowledge, and skills related to this field.	6				
dr hab. Jerzy Luty	Human behaviour, evolution, and the mind	Lecture with workshop elements	30	Toward understanding human behaviour in the light of evolution. 2. Evolutionary psychology and the explanation of human behavior in the context of social behaviors, evolutionary psychology and emotions, developmental psychology, function of language and gossip, function of deception and self-deception, studies on sexuality, 'mating mind' (reproductive) strategies, modular theory of mind and decoupled cognition, murder, rape, religion, morality, art and aesthetics.	6				
mgr Agata Groyecka	Nonverbal communication	Workshop	30	The course covers a selection of issues from the scope of nonverbal communication, including: 1. The roles of gestures, mimicry and posture 2. Cultural differences in nonverbal communication. 3. Evolutionary approach to nonverbal communication (signaling in mate selection). 4. Nonverbal aspects of vocal communication. 5. Personal distance and territory in communication.	6				
Total			120	Total	24				
SUMMER SEMESTER									
dr Justyna Śniecińska	Branding	Seminar	30	The objective of the course is to acquaint Students with the basics of branding. Students will be familiarized (also practically) with rules and tools that are useful in creating a consistent brand image. 1. What is a brand and branding? 2. Brand name and logo – how to create positive first impression. 3. Advertisements – ways to grab consumer attention. 4. Social media. 4. Word of mouth marketing. 5. Employer branding.	6				
dr Bartosz Helfer	Meta-analysis in clinical psychology	Workshop	30	The course covers a selection of issues including discussion on: 1. Meta-research, which evaluates research methods and practices to understand how to reduce bias in science, and thus provide more reliable conclusions from scientific research. 2. Critical evaluation of scientific works for the synthesis of scientific evidence.	6				
dr Marcin Czub	Virtual Reality use in Psychology	Workshop	30	During the course students will be designing and conducting experimental studies related to Virtual Reality applications in psychology. They will acquire both theoretical and practical knowledge, and skills related to this field.	6				

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dr hab. Jerzy Luty	Evolutionary Foundations of Art and Aesthetics	Workshop	30	The course covers a selection of issues including discussion on: 1. What is art? Art genres and art definitions. 2. Art causes emotions which are equal to the adaptive mechanisms of human mind, such as the fear of spiders or the ability of depth perception. 3. Art may increase cognitive fluidity, which enables cultural transmission and cumulating achievements and skills . 4. The universality of aesthetic preferences in landscape painting revealed in Komar/Melamid experiment and the adaptive asset of the choice of habitat. 5. The universality of art - recognition criteria and cluster definition of art.	6
Total			120	Total	24